16th International Family Day 2019– Eco Show Guidelines:

* Remember not to waste money on store-bought costumes
* Don’t buy any new materials just for this celebration
* Search your recycle bins and use the waste you have at home
* Check with your family / friends / neighbours to borrow items

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| Items | Waste Categories  | Instructions |
| * Used clothes / footwears/ hats
* Old curtains / pillow cases / bed sheets
* Old soft toys / cushions
* Used gloves
* Old books / magazines / newspapers
* Juice box/ milk cartons
* Cardboard boxes / paper bags / envelopes
* Plastic buckets
* Plastic bottles/ containers
* Used Styrofoam
* Soda cans
* Old umbrellas
* Old kitchen utensils
* Used house decorations
* Small electronic items / cables / wires
* Sportswear and equipment
* Swimming/ diving gear
* Jewelleries / accessories
* Used wigs
 | Recyclable waste | \*Clean food containers / cutleries before use\*Be careful with sharp edges\*Avoid glass and other fragile items\*Get help from an adult when using sewing equipment or tools |
| * Large seashells / coconut shells
* Used chopsticks/ cutleries
* Used plastic bags
* Food packages
* Tree branches
* Used sponges and luffas
* Shower caps / toothbrushes
* Balloons
* Wooden materials
 | Residual waste | \*Clean food containers / cutleries before use\*Be careful with sharp edges |
| * Flowers / leaves
* Pumpkins/ other fruits & vegetables
* Leftover food / candies
 | Household waste | \*Make sure to clean the waste beforehand |
| * Batteries
* LED lights
* Spray paint
* Nail polish
 | Hazardous waste | \*Try to avoid using hazardous waste items\* Try to use vegetable dyes instead of spray paint/nail polish |

Potential sea creature costume ideas:

     