16th International Family Day 2019– Eco Show Guidelines:

* Remember not to waste money on store-bought costumes
* Don’t buy any new materials just for this celebration
* Search your recycle bins and use the waste you have at home
* Check with your family / friends / neighbours to borrow items

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| Items | Waste Categories | Instructions |
| * Used clothes / footwears/ hats * Old curtains / pillow cases / bed sheets * Old soft toys / cushions * Used gloves * Old books / magazines / newspapers * Juice box/ milk cartons * Cardboard boxes / paper bags / envelopes * Plastic buckets * Plastic bottles/ containers * Used Styrofoam * Soda cans * Old umbrellas * Old kitchen utensils * Used house decorations * Small electronic items / cables / wires * Sportswear and equipment * Swimming/ diving gear * Jewelleries / accessories * Used wigs | Recyclable waste | \*Clean food containers / cutleries before use  \*Be careful with sharp edges  \*Avoid glass and other fragile items  \*Get help from an adult when using sewing equipment or tools |
| * Large seashells / coconut shells * Used chopsticks/ cutleries * Used plastic bags * Food packages * Tree branches * Used sponges and luffas * Shower caps / toothbrushes * Balloons * Wooden materials | Residual waste | \*Clean food containers / cutleries before use  \*Be careful with sharp edges |
| * Flowers / leaves * Pumpkins/ other fruits & vegetables * Leftover food / candies | Household waste | \*Make sure to clean the waste beforehand |
| * Batteries * LED lights * Spray paint * Nail polish | Hazardous waste | \*Try to avoid using hazardous waste items  \* Try to use vegetable dyes instead of spray paint/nail polish |

Potential sea creature costume ideas:

     